



PanAm Aquatics – Cayman Aquatic – Flowers Group
2026 Open Water 10k June 14, 2026
Summons



Cayman Islands Aquatic Sports Association is pleased to invite you to participate in the Open Water, June 14, 2026 at Public Beach, Seven Miles Beach, Grand Cayman.

Events

- Individuals :** 10km for Juniors and Seniors (8 x 1,25 Km)
7.5km for youth (6 x 1,25 Km)
Relay : 10km (4 x 2.5km) all categories

Technical Equipment

Electronic timing: RACE RESULT Ubidium + ActivePro V3 Transponder
The finish line will include 2 ALGE finish cameras for back-up place judging and 2 manual timing.

Event Rules

Individuals

Registration

Opens April 30th, 2026

[Registration Link](#)

10km

Start from the pontoon, 1.25 km loop clockwise or counterclockwise (decision will be made the day before the race after observing the prevailing current).

Swimmers taking part in the 10k must be experienced swimmers and to have achieved a 5k previously.

All competitors must be subject to a medical physical examination prior to their event.

Age groups:

- **Youth Age Group** are swimmers ages 14-15. Age is determined as of December 31, 2026.
- **Junior Age Group** are swimmers ages 16 -17. Age is determined as of December 31, 2026.
- **Senior Age Group** are swimmers ages 18 years or older. Age is determined as of December 31, 2026.
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Swimmers who do not finish the 10k in the time of 3h30min will be stopped and will not be included in the final ranking.

7.5km

Start from the pontoon, 1.25 km loop clockwise or counterclockwise (decision will be made the day before the race after observing the prevailing current).

Swimmers taking part in the 10k must be experienced swimmers and to have achieved a 5k previously.

All competitors must be subject to a medical physical examination prior to their event.

Age groups:

- **Youth Age Group** are swimmers ages 14-15. Age is determined as of December 31, 2026.
- **Junior Age Group** are swimmers ages 16 -17. Age is determined as of December 31, 2026.

Swimmers who do not finish the 10k in the time of 3h30min will be stopped and will not be included in the final ranking.

Relays:

Age group are swimmers ages 13-99. Age is determined as of December 31, 2026.

Each team must have its own cap.

The relay exchange will take place by diving from the pontoon after the feeding zone.

Entries fees per events

- **Individuals** 40 CIS (\$50USD)
- **Relays** 80 CIS (\$100USD)

Registration and results on raceresults.com (Information will be sent shortly.)

Swimwear, Technology, and Wearables

Swimwear Protocol: Swimwear worn shall be according to World Aquatics OW rules 10.

Accommodation

Indigo Hotel, our official accommodation partner for the 10km race, is located 150 meters from the starting point. For room rates, please email us at ciasa@ciasa.ky. Participants registered for the June 14 event should send a booking request to this address; once registration is confirmed, details will be shared with the hotel concierge to secure the discounted rate. A limited number of preferential rates are available for the first 60 participants. [>> Indigo Hotel <<](#)

There are many hotels nearby whose prices are slightly higher than those offered by our partners.

- [The Locale Hotel](#)
- [The Sunshine Hotel and Suites](#)
- [Governors Village](#)

Restaurants – Transportations TBD

Current and Weather Information

Weather to date over the last 8 years reveals an average air temperature ranging between 27.0 – 33.0 degrees Celsius at the date of the competition, with clear blue skies, nil precipitation. The prevailing wind pattern is from South-East trade winds at average speeds of 7.9km/h. Expected sea surface temperatures are between 28 and 31 degrees Celsius.

Detailed schedule

June 14th

5:15am	Registration Open
5:15am	Medical examination Open
6:00am	Marking
6:30am	Briefing Event
7:00am	Start of the 10k – 7.5km - relay
10:30am	Cut Off time for the 10K (male and female)

